



# EXCELSIOR SPRINGS COMMUNITY CENTER COMPETITION POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00AM-NOON <b>CLOSED</b>	5:00AM-NOON <b>CLOSED</b>	5:00AM-NOON <b>CLOSED</b>	5:00AM-NOON <b>CLOSED</b>	5:00AM-NOON <b>CLOSED</b>	5:00AM-NOON <b>CLOSED</b>
<b>MASTERS SWIM</b> 5:45AM-8:00AM Closed to Public	<b>OPEN SWIM</b> NOON-8:45PM 2 Lanes All Areas	<b>OPEN SWIM</b> NOON-8:45PM 2 Lanes All Areas	<b>OPEN SWIM</b> NOON-8:45PM 2 Lanes All Areas	<b>MASTERS SWIM</b> 5:45AM-8:00AM Closed to Public	<b>OPEN SWIM</b> NOON-6:45PM 2 Lanes All Areas
<b>OPEN SWIM</b> NOON-8:45PM 2 Lanes All Areas	<b>MASTERS SWIM</b> 7:00PM-8:30PM LAP LANES CLOSED	<b>MASTERS SWIM</b> 7:00PM-8:30PM LAP LANES CLOSED		<b>OPEN SWIM</b> NOON-8:45PM 2 Lanes All Areas	
					SUNDAY
					8:00AM-NOON <b>CLOSED</b>
					<b>OPEN SWIM</b> NOON-4:45PM 2 Lanes

## GENERAL RULES:

- ALL PATRONS MUST HAVE A VALID COMMUNITY CENTER MEMBERSHIP OR PAY THE APPROPRIATE DAILY ADMISSION FEE TO ENTER THE POOL.
- LIFEGUARDS HAVE THE AUTHORITY TO ENFORCE ALL POOL RULES AND MAY REMOVE ANY INDIVIDUAL WHO VIOLATES THE RULES OR ENGAGES IN UNSAFE BEHAVIOR.
- PATRONS MUST FOLLOW ALL LIFEGUARD INSTRUCTIONS PROMPTLY AND RESPECTFULLY.
- ALL PATRONS MUST SHOWER BEFORE ENTERING THE WATER.
- POOL USERS MUST WEAR APPROPRIATE SWIM ATTIRE. STREET CLOTHES, CUTOFFS, DENIM SHORTS, THONG BATHING SUITS, STREET SHOES, OR UNDERGARMENTS ARE NOT PERMITTED IN THE POOL.
- CHILDREN UNDER THE AGE OF 14 MUST BE SUPERVISED BY A RESPONSIBLE GUARDIAN (18 YEARS OR OLDER) AT ALL TIMES.
- ANY PERSON SUSPECTED OF BEING UNDER THE INFLUENCE OF ALCOHOL OR DRUGS IS PROHIBITED FROM THE ENTERING POOL.
- NO OIL BASED SUNTAN PRODUCTS; BODY LOTIONS, OILS, OR OTHER PRODUCTS, MAY BE USED.
- NO RUNNING, ROUGH PLAY, OR EXCESSIVE NOISE IS PERMITTED IN THE POOL AREA.
- NO HANGING OR SWIMMING OVER THE LAP LANES.
- UNDERWATER DISTANCE SWIMMING AND BREATH HOLDING GAMES ARE PROHIBITED.
- NO GLASS CONTAINERS OR OTHER BREAKABLE ITEMS ARE ALLOWED IN THE POOL AREA.
- ALL ANIMALS (WITH THE EXCEPTION OF GUIDE ANIMALS FOR THE HANDICAPPED) ARE PROHIBITED FROM ENTERING THE POOL AREA
- NO SITTING ON SHOULDERS.
- THE USE OF WATER GUNS / SPRAYING TOYS IS NOT ALLOWED.
- DIAPER CHANGING ON THE DECK IS PROHIBITED.
- DURING PEAK HOURS, PATRONS MUST SHARE LAP LANES AND CIRCLE SWIM.
- DIVING IS ONLY PERMITTED IN DESIGNATED AREAS AND UNDER LIFEGUARD SUPERVISION.
- JUMPING IS ALLOWED ONLY IN DESIGNATED AREAS AND MUST BE FEET-FIRST.
- ANY KIND OF FLIPS INTO THE WATER ARE NOT ALLOWED.

FACILITY HOURS: MONDAY-FRIDAY 5:00am-9:00pm | SATURDAY 6:00AM-7:00PM | SUNDAY 8:00AM-5:00PM  
CHILD WATCH HOURS: MONDAY-FRIDAY 8:00AM-12:00PM & 4:00PM-8:00PM SATURDAY 8:00AM-12:00PM

EXCELSIOR SPRINGS COMMUNITY CENTER | 500 TIGER DRIVE, EXCELSIOR SPRINGS MISSOURI 64024 | 816-656-2500

## DIVING BOARD:

- NO FLOTATION DEVICES OF ANY KIND ARE ALLOWED ON THE DIVING BOARD.
- ANY PATRON WEARING OR REQUIRING A LIFEJACKET CANNOT GO OFF THE DIVING BOARD.
- ONLY ONE PERSON AT A TIME CAN GO OFF THE DIVING BOARD.
- ONE PERSON ON THE DIVING BOARD PLATFORM AT A TIME.
- PATRONS MUST WAIT UNTIL THE PERSON IN FRONT OF THEM IS ON THE WALL BEFORE JUMPING OFF THE DIVING BOARD.

## ROCK WALL:

- NO FLOTATION DEVICES OF ANY KIND ARE ALLOWED ON THE ROCK WALL.
- ANY PATRON WEARING OR REQUIRING A LIFEJACKET CANNOT USE THE ROCK WALL
- ONE PERSON AT A TIME ON THE ROCK WALL.
- PATRONS MUST WAIT UNTIL THE PERSON IN FRONT OF IS CLEAR FROM THE SPLASH ZONE BEFORE USING THE ROCK WALL.
- NO FLIPS OFF THE WALL INTO THE WATER.
- WEIGHT LIMIT IS 350 LBS

## OTHER INFORMATION:

### FLOTATION DEVICES & TOYS:

- ONLY U.S. COAST GUARD-APPROVED LIFE JACKETS ARE PERMITTED. INFLATABLE DEVICES, WATER WINGS, AND OTHER NON-APPROVED FLOTATION DEVICES ARE NOT ALLOWED.
- THOSE REQUIRING A LIFEJACKET MUST WEAR A PROVIDED RED WRIST BAND.
- POOL NOODLES, KICKBOARDS, AND OTHER SWIM AIDS ARE NOT ALLOWED IN THE OUTDOOR POOL.
- DIVE TOYS ARE NOT ALLOWED IN THE DEEP END OF THE POOL (5FT OR LESS).
- THE USE OF WATER GUNS / SPRAYING TOYS IS NOT ALLOWED.

### HEALTH AND SAFETY:

- ANYONE EXPERIENCING DIARRHEA, VOMITING, OR ANY CONTAGIOUS ILLNESS MUST NOT ENTER THE POOL.
- INDIVIDUALS WITH OPEN WOUNDS OR SKIN INFECTIONS MUST REFRAIN FROM USING THE POOL.
- NO SPITTING, NOSE-BLOWING, OR URINATING IN THE POOL.
- PATRONS WITH SEIZURES, HEART CONDITIONS, OR OTHER MEDICAL CONCERNS SHOULD CONSULT A PHYSICIAN BEFORE USING THE POOL.
- IF THE POOL WATER TEMPERATURE IS BELOW 70 DEGREES, THE POOL WILL CLOSE UNTIL THE TEMPERATURE HAS RISEN.

### INCLEMENT WEATHER:

- IN THE EVENT OF INCLEMENT WEATHER, THE POOL STAFF WILL MONITOR CONDITIONS AND MAKE DECISIONS REGARDING POOL CLOSURES.
- THE POOL WILL BE CLEARED IMMEDIATELY, AND ALL PATRONS MUST EXIT THE FACILITY IF ANY OF THE FOLLOWING CONDITIONS OCCUR:
- LIGHTNING IS SPOTTED OR THUNDER IS HEARD.
- HEAVY RAIN REDUCES VISIBILITY FOR LIFEGUARDS.
- HAIL, STRONG WINDS, OR A TORNADO WATCH/WARNING IS ISSUED.
- THE POOL WILL REMAIN CLOSED UNTIL 30 MINUTES AFTER THE LAST LIGHTNING STRIKE OR THUNDERCLAP, OR UNTIL OTHER HAZARDOUS CONDITIONS HAVE PASSED.
- IF THE POOL REMAINS CLOSED FOR AN EXTENDED PERIOD, THE STAFF WILL UPDATE PATRONS WITH RELEVANT INFORMATION.