

APRIL 2025 Menu EXCELSIOR SPRINGS SENIOR CENTER 630-5955



**EXCELSIOR
SPRINGS
Senior Center**

The suggested donation is \$2 per senior meal (60+).

\$7.00 fee for non-senior guests.

Lunch is served promptly at 11:30am.

Please be present and checked in before 11:25am.

You may reserve a meal during the current week or the following week.


Please call 630-5955 to make or cancel your reservation.

Please make or cancel your reservation by noon the serving day before.

Make checks payable to "MARC".

**Inclément Weather
816-526-5059**

Press 8 for Sr. Center

MON	TUE	WED	THU	FRI
<p>Please call 630-5955 to make a lunch reservation BEFORE NOON the serving day prior (non-holiday).</p>	1 Chicken burrito, chuckwagon corn, salad w/ tomato & carrot, ranch dressing, stewed apples, taco sauce	2 Beef hotdog on a bun, green beans, potato salad, watermelon, ketchup & mustard	3 Chicken Parmesan, penne pasta, broccoli, salad w/ tomato & carrot, French dressing, bread, grahams, banana	4 Breaded fish, pickled beets, green beans, citrus fruit mix, corn muffin, tartar sauce
7 Sloppy Joes on a bun, potato wedges, Scandinavian vegetables, apple slices	8 Chicken strips, potato wedges, salad w/ tomato & carrot w/ French dressing, orange, multigrain bread, grahams, honey mustard	9 Meatloaf, mashed potatoes with brown gravy, country blend, pears & strawberries, wheat dinner roll	10 Chicken breast, fettuccine Alfredo, broccoli, salad w/ Italian dressing, orange, Italian bread	11 Battered tilapia, tartar sauce, sweet potatoes, coleslaw, bread, vinegar, peaches & strawberries, oatmeal raisin cookie
14 Salisbury steak w/ brown gravy, sweet potatoes, broccoli, citrus cup, bread, tapioca pudding	15 HOT DOG Picnic with the fixins!  ICE CREAM SOCIAL Clay Co. Senior Services	16 TACO SALAD pinto beans, orange	17 Deli Turkey/Swiss sandwich, salad w/ tomato & carrot, French dressing, potato salad, mayo, mustard, orange	18 Breaded fish pattie on a bun, coleslaw, sweet potato wedges, banana, tartar sauce, fig newton
21 Chicken Fried Steak w/ country gravy, mashed potatoes, green beans, dinner roll, citrus fruit mix	22 Beef stew w/ vegetables, salad w/ tomatoes/carrots & ranch dressing, banana, corn muffin, oatmeal raisin cookie	23 Chicken fried rice, stir fry vegetables, coleslaw, pineapple - mandarin mix, bread	24 Beef CHEESE burger on a bun, steak fries, salad w/ tom./carrots, banana, 1000 Island dressing, ketchup & mustard	25 Oven fried chicken, mashed potatoes w/ gravy, green beans, white cake, orange sherbet, dinner roll Birthday PARTY!
28 Pulled pork on a hoagie, white corn w/ peppers, coleslaw, apple slices	29 Chili with beans, cheddar cheese, crackers, salad w/ tomato & carrot, French dressing, Peach Cobbler!	30 Meatball sub on a hoagie bun, Italian vegetables, salad w/ tomato/carrot, Italian dressing, orange	<p><i>If you are unable to attend your lunch reservation, please call us at 630-5955 so we can serve walk-ins who don't have reservations.</i></p>	

The purpose of the Lunch Program is to meet the dietary guidelines of providing 1/3 of the recommended daily allowance of nutritional needs for our seniors. All meals include margarine lite, 1% milk, coffee and iced tea.